



Duke of Edinburgh Award volunteer programmes available with FOVPS

Each programme has a suggested time-scale and level. Once a group signs up, that programme becomes unavailable to a new cohort, until the current group have completed their project. Only Green Gym can operate on a rolling start.

Eco Warrior

Details of the Programme

- We run a drop-off location for various hard-to-recycle plastic packaging as part of the [Terracycle](#) programme. Once a certain amount of a product has been collected, it is packed up and sent to the Terracycle company in exchange for points which can be cashed in for FOVPS funds.
- We also have litter picking equipment and safe graffiti removal products.
- There are large noticeboards at each entrance, many information & direction signs & dog-bag dispensers.

How the programme would run

- This would suit a 3 month activity, aimed at Bronze participants for individuals or a small group.
- Participants would take on a weekly check of the drop-off boxes within the Community Building, sorting and weighing the different products.
- Publicise the programmes with posters, leaflets, social media etc
- Combined with practical litter-picking, sign washing and graffiti removal walk around the park.
- After school or weekends. Publicity materials would be completed at home/school/youth group

Showing progression

1. Collecting and sorting materials
2. Developing publicity materials and promotional activities, raising awareness of recycling schemes locally.
3. Planning and running a litter-picking session.
4. Helping evaluate the success of Teracycle schemes.

Green Gym

Details of Programme

A weekly outdoor session in the park, undertaking some of the more strenuous gardening and maintenance tasks including removing dead branches or small trees. Get outside, keep fit and improve the park. 16+

How the programme would run

- Every Wednesday afternoon 2pm -4pm
- Would be suitable for 6th form or college students.
- Individuals can join this programme at any point, as it is an ongoing activity.
- 3/6/12 month programmes
- Volunteer or Physical
- All tools provided including protective safety equipment as required.
- Wear appropriate clothes and sturdy shoes. You may get muddy, dirty and wet.

- Tasks such as filling wheel barrows with soil and moving to new flower beds around the park; digging out and removing saplings, weeding, re-painting benches, pruning shrubs, building paths, learning about composting, tool maintenance, maintaining and cleaning the bird-feeding table etc

Showing progression

Create promotional materials; help train new members of group; plan and run sessions

Treasure Hunter

The Details

Creating and monitoring [GeoCache](#) and [City of Trees Trails](#) and a Story Trail,

Geocaching is a form of treasure hunt, and the park is an ideal location for a series of caches. The City of Trees app allows us to create mini-trails around the park by taking a photo of each point of interest and adding a description. Example trail ideas include: Signs of Spring, Evergreen Trees, Prehistoric Trees etc. The trails can be followed using a mobile phone.

How the programme would run

- Would suit a 3/6 month programme for a small group.
- Preparation work to be carried out at home/school/youth group.
- Learn about Geocaching and the trail app and scout out the park for suitable locations.
- Plan and set up a series of caches based on a theme, with cryptic clues based on nature/local history or events such as Christmas, Halloween etc.
- Create leaflets, web page, publicise and help run some information sessions and check on and maintain caches.
- Improve/replace caches or trails, if taking on a longer 6 month session and help train new cohort of Treasure Hunters.

Showing Progression

This would be a self-contained project, taking the participant from planning, to creating, publicising and running sessions with members of the public.

Nature Lover

The Details

Helping to run the weekly Kitchen Garden: sowing seeds, growing vegetables, collecting seeds etc 1-3pm Saturday and/or the monthly Nature Club, with a seasonal theme each time eg Wildflowers, Trees, Bird feeding, bats, Insects. The session may include a craft activity, a spotter sheet or task/activity to take round the park, facts and artefacts. 1-3pm Sunday. Also looking after our bird feeding table.

How the programme would run

- Would suit a suit a 3/6 month programme for individuals or small group.
- Create a certificate/log book for participants and promotional activities
- Plan and run sessions; help gather feedback

Showing progression

Would work towards planning and running a session with minimal supervision.